



Life and support in the heart of the community

The Guisborough Bridge Association aims to provide life and support in the heart of the Guisborough community. Set up as a community project by Churches Together in Guisborough, it is an independent charity. We aim to respond to local needs with projects for both young and old.

**** Don't be lonely * Don't be hungry * Don't be cold * Don't be aimless * Don't be lost ****

HERE IS A SELECTION OF THE PROJECTS WE UNDERTAKE:

* Monday Friends runs weekly and continues to be a popular place at Sunnyfield House for catching up with friends over refreshments and homemade produce.

* Tuesday Coffee Morning @ Guisborough Methodist Church weekly. Come along for coffee, tea and a chat! It is a lovely space to come to talk to us and find out more about the work of the Bridge.

* Children activities

* Bridge2Youth

* Bridge2Parents

* Soup and Roll

* Guisborough Community Luncheon Club

* Prayer breakfast

* Music and Memories

* Time 2 Move

* FoodStop is a Guisborough Bridge food bank project; our response to the increasingly challenging financial situation facing individuals in our community. Through the Bridge (and specifically through our Tuesday GMC coffee mornings and our Thursday Soup and Roll) we provide 5 day food parcels to those who may find themselves in temporary financial difficulties.

We are collecting non-perishable food items all year round. If you would like to donate any food, please drop by the Methodist Church on a Thursday morning or use the collection points in Guisborough Library, Morrisons, CO-OP Sainsburys and ALDI.

If you would like to get involved with our work there are several projects that need regular volunteers and we also have one-off events that need supporting. Why not pop along to one of our projects for a chat. More information can be found on our Facebook page.



Guisborough Bridge
Association



staff@guisborough-bridge.org.uk